

CATNIP: Charismatic Communication

Cats are drawn to high quality things and people. The following nonverbal skills will help create charismatic leadership: congruency between verbals and nonverbals, “high expectations” hand positioning, use of the pause, closing the lips and breathing through the nose while pausing, and incorporating the Frozen Hand Gesture.

List the two nonverbal intelligence skills you have chosen to master:

Least Recommended:

Do the opposite of what you chose. For example, if you chose Frozen Hand Gesture, as you pause, drop your hands or do not use hand gestures at all. Describe the results.

Least Recommended:

Repeat the *least recommended* for the second nonverbal skill you’ve chosen. Describe the results:

Recommended:

Put your nonverbal skill into action. For example, if you chose “high expectations” hand positioning, remember to keep forearms at your side, parallel to the ground, or a combination. Describe the results.

Recommended:

Repeat the *recommended* for your second nonverbal skill. Describe the results.